



10 Day Grocery List



- Steak (4 oz/person)
- Broccoli Crowns
- Soy Sauce
- Rice (1 pound)
- Cauliflower Pizza Crust (2)
- Pizza Sauce
- Pepperoni
- Mozzarella Cheese
- Ground Beef (2 pounds)
- Tomato Sauce (5 cans)
- Corn (3 cans)
- Chicken Broth (4 boxes)
- Black Beans (3 cans)
- Italian Sausage
- Spinach
- Butter
- Parmesan Cheese
- Chili Beans
- Chickpea Pasta
- Tuna (2 cans)
- Peas
- Shredded Cheddar Cheese
- White Beans
- Chicken (2 pounds)
- Cream of Mushroom Soup
- Bacon
- Eggs
- Cream Cheese