



Deep Cleaning Checklist



Sunday DECLUTTER

- Quick clean out of every closet and cabinet.
- If you haven't used something in a year. It needs to go.

Monday CEILING

- Dust light fixtures.
- Remove fan blades and wash.
- Wipe down crown molding.
- Replace light bulbs.
- Clean air vents.
- Replace air filters.

Tuesday WINDOWS AND PORCHES

- Vacuum and wipe out tracks.
- Wash screens with soapy water.
- Wash windows with vinegar and water.
- Wash curtains/dust blinds.

Wednesday APPLIANCES

- Run vinegar through hot cycle in dishwasher and washing machine and rinse filters.
- Vacuum out lint collector.
- Run microwave with cup of water and wipe out.
- Run self-clean on oven.
- Wipe out refrigerator.

Thursday CUSHIONS AND LINENS

- Vacuum out all furniture.
- Spot treat stains.
- Wash pillows, pillow covers, and throw blankets.
- Freshen mattress with baking soda and vacuum.

Friday BATHROOMS

- Scrub tub, shower and toilet.
- Soak shower head/faucets in vinegar.
- Clean grout.
- Wipe down fan vents.
- Wipe down all surfaces.

Saturday FLOORS

- Wipe down baseboards.
- Steam mop hard floors.
- Shampoo carpets.